

Celebrating Black History Month!

The story of Black History Month begins in 1915, half a century after the Thirteenth Amendment abolished slavery in the United States.

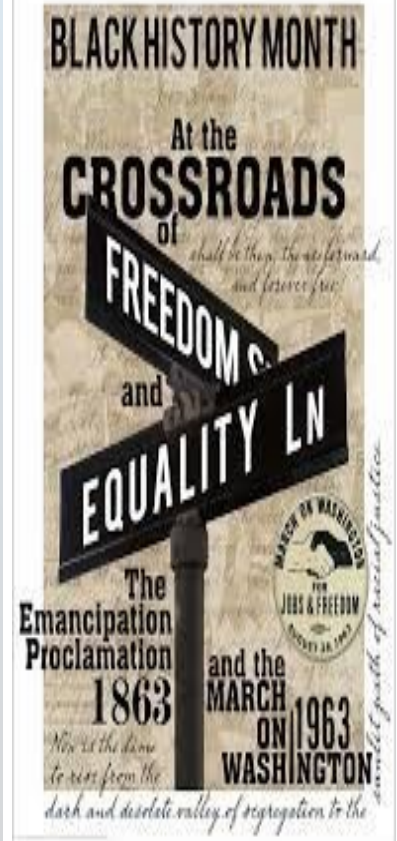
That September, the Harvard-trained historian Carter G. Woodson and the prominent minister Jesse E. Moorland founded the Association for the Study of Negro Life and History (ASNLH), an organization dedicated to researching and promoting achievements by Black Americans and other peoples of African descent.

Known today as the Association for the Study of African American Life and History (ASALH), the group sponsored a national Negro History week in 1926, choosing the second week of February to coincide with the birthdays of Abraham Lincoln and Frederick Douglass. The event inspired schools and communities nationwide to organize local celebrations, establish history clubs and host performances and lectures.

Since 1976, every American president has designated February as Black History Month and endorsed a specific theme.

The Black History Month 2024 theme, "African Americans and the Arts," explores the key influence African Americans have had in the fields of "visual and performing arts, literature, fashion, folklore, language, film, music, architecture, culinary and other forms of cultural expression."

Read Full Article: [Black History Month 2024: Facts, Theme & Origins | HISTORY](#)



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Follow us on Social Media!

- [Facebook](#): WU Upward Bound
- [Instagram](#): @upwardboundwashburn
- [Website](#): [TRIO Upward Bound Program - Washburn University](#)



Volunteering with Harvesters!!

WUB started the year off with a strong start by visiting Harvesters, a regional food bank serving a 26 county area of NW Missouri and NE Kansas. Harvesters fulfills its mission of feeding neighbors experiencing food insecurity by working with an amazing network of more than 760 nonprofit partner agencies. Their network is made up of a variety of organizations including food pantries, community kitchens, shelters, children’s homes, schools, churches, community centers, health clinics, libraries and others. These agencies distribute groceries and meals directly to those in need. WUB assisted in packing commodity boxes for senior citizens across our community.



Saturday Academy!



UPWARD BOUND
Washburn University

**SPRING 2024
SATURDAY
ACADEMY
SIGN-UP**

WUB Saturday Academy Spring 2024



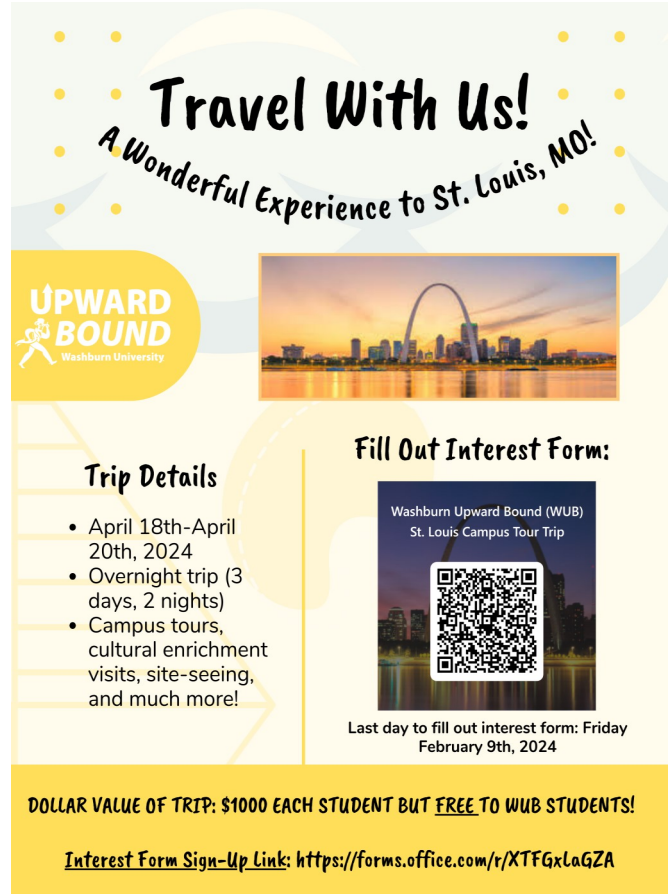
Join us for the fun!
Free snacks will be provided!

- Saturday January 6th
- Saturday February 3rd
- Saturday March 2nd
- Saturday April 6th

Sign-up Link: <https://forms.office.com/r/SkzFgfNfKs>


Sign-Up Link: <https://forms.office.com/r/SkzFgfNfKs>

St. Louis Trip in April!



Travel With Us!
A Wonderful Experience to St. Louis, MO!

UPWARD BOUND
Washburn University




Trip Details

- April 18th-April 20th, 2024
- Overnight trip (3 days, 2 nights)
- Campus tours, cultural enrichment visits, site-seeing, and much more!

Fill Out Interest Form:

Washburn Upward Bound (WUB)
St. Louis Campus Tour Trip



Last day to fill out interest form: Friday February 9th, 2024

DOLLAR VALUE OF TRIP: \$1000 EACH STUDENT BUT FREE TO WUB STUDENTS!

Interest Form Sign-Up Link: <https://forms.office.com/r/XTFGxLaGZA>

Sign-Up Link: <https://forms.office.com/r/XTFGxLaGZA>

WUB Student Spotlight!

Good Kids—Kayda Villanueva from Topeka High School

By David Oliver
Published: Jan. 23, 2024

TOPEKA, Kan. (WIBW) - Meet Topeka High senior Kayda Villanueva. A shining example of a 'Good Kid'. Kayda is an honor roll student. She's involved in orchestra, bowling and Link Crew for the Trojans. Kayda is also on the leadership team for the 'Trojan Cup', Topeka High's coffee shop. Kayda volunteers in the children's ministry at her church. She traveled to Chicago on an inner-city mission trip for the Kansas Youth Association. She will make the trip again this summer to Arizona. She takes college courses at Topeka High through Washburn. Kayda will attend K-State in the fall.

Congrats Kayda!!

Article: <https://www.wibw.com/2024/01/24/good-kids-kayda-villanueva-topeka-high-school/>

Scholarship Quick

Access

Washburn University:
[Scholarship Information | Washburn University](#)

Washburn Tech:
[Scholarships \(washburntech.edu\)](#)

Kansas State:
[Scholarships \(k-state.edu\)](#)

KU:
[All Opportunities - University of Kansas Scholarships \(academicworks.com\)](#)

ESU:
[Scholarships - Emporia State University](#)

Pitt. State:
[Scholarships and financial assistance | Pittsburg State University \(pittstate.edu\)](#)

Fort Hays:
[Scholarships - Fort Hays State University \(FHSU\)](#)

Wichita State:
[Scholarships \(wichita.edu\)](#)

JCCC:
[Scholarships | Johnson County Community College \(jccc.edu\)](#)

*Please inform Zalma if you'd like another school added to this list

Center For First-Generation Student Success

Center for First-generation Student Success releases new fact sheets on first-generation student demographics and enrollment characteristics

1 in 2 undergraduates in the United States are first-generation students

Bill Barker (NASPA)

WASHINGTON, DC (January 16, 2024) - The Center for First-generation Student Success, an initiative of NASPA and The Suder Foundation, today released two new fact sheets on first-generation students, First-generation College Students in 2020: Demographic Characteristics and First-generation College Students' Experiences During the COVID-19 Pandemic: 2020.

"The data reaffirms that first-generation students—students whose parents do not have a bachelor's degree—make up more than half, 54 percent, of all undergraduates in the United States," said Dr. Sarah E. Whitley, vice president at the Center for First-generation Student Success. "At a time when enrollment and retention of students is of the highest priority, it's imperative that colleges and universities recognize the unique needs of first-generation students and do everything possible to advance systemic change and allow them to graduate."

Read Full Article: [Release: New Center/RTI Fact Sheets December 2023 \(naspa.org\)](#)

WUB Zoom Sessions

Starting on Tuesday January 9th, 2024, WUB will start offering Zoom Sessions **every Tuesday evening** in Spring 2024 from 7pm-8pm. This will serve as a chance for tutoring and workshops, depending on the student's needs.

- **Join Zoom Meeting:** <https://washburn.zoom.us/j/96487640273?pwd=NmNwQ0NLL295ZEFhYytLL0RnSEtmQT09>
- **Meeting ID:** 964 8764 0273
- **Passcode:** 821611

Resources

Are you planning to take the ACT anytime soon?

Here are the ways WUB can help you prepare!

1. Method Learning ACT Prep Online Modules (every WUB student has access to this resource for **FREE**).
2. WUB has Official 2024 ACT Prep Guides available in room 338.
3. Online Official 2024 ACT Prep account available to all WUB students.

Contact WUB Advisor, Zalma Molina, if you have any questions getting access to any of the resources listed above.

Contact Us!

Shelley Bearman - Upward Bound Director

shelley.bearman@washburn.edu

Washburn Office Phone: (785)670-3872

Zalma Molina - Upward Bound Advisor

zalma.molina@washburn.edu OR

zmolina@tps501.org

THS Office Phone: (785)295-3220

Location: Room 338 at Topeka High School



“Education is for improving the lives of others and for leaving your community and world better than you found it.”

- Marian Wright Edelman

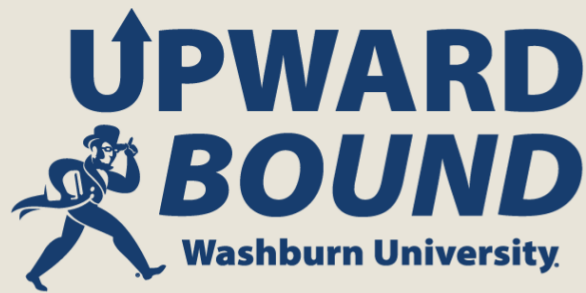
February

Proud to be Upward Bound!



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				Trojan Time (1 hour) PM Academy (1.5 hours)		Saturday Academy 9am-1pm (4 hours)
4	5	6	7	8	9	10
	PM Academy (1.5 hours)	PM Academy (1.5 hours) Zoom Session (1 hour)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)		
11	12	13	14	15	16	17
	PM Academy (1.5 hours)	PM Academy (1.5 hours) Zoom Session (1 hour)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours) Parent Dinner (1 hour)		Wichita Museum Trip 9am-6:30pm
18	19	20	21	22	23	24
	PM Academy (1.5 hours)	PM Academy (1.5 hours) Zoom Session (1 hour)	Parent Teacher Conferences Trojan Time (1 hour)	Parent Teacher Conferences No School	No School	National TRIO Day
25	26	27	28	29		
	PM Academy (1.5 hours)	Washburn University Campus Tour KSDE Funded ACT	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)		5



We would like to invite you to our

FEBRUARY PARENT DINNER

Thursday 15 February 2024
5:30pm-6:30pm

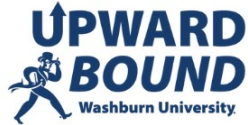
Topeka High Staff Cafeteria
800 SW 10th St, Topeka, KS
66612

Kindly RSVP using the QR code or notifying any Upward Bound Staff Member by Monday February 12th, 2024.



Sign-Up Link:

<https://www.washburn.edu/academics/center-student-success/trio/event-registration.html>



WICHITA MUSEUM TRIP

THE KANSAS
AFRICAN AMERICAN
MUSEUM AND THE
WICHITA ART
MUSEUM

Saturday
February
17th, 2024

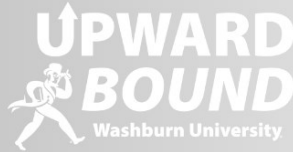
9:00am - 6:30pm
Wichita, KS

Join Us!
We will be
stopping at
Braum's on the
way home!

Washburn Upward Bound Wichita
Museum Trip



Sign-Up Link: <https://forms.office.com/r/hP5EM6SAqP>



Campus Tour



Washburn University

Tuesday February 27th, 2024

10am-12pm

Free lunch will be
provided!



Sign-Up Link: <https://forms.office.com/r/a7KCN0EyZ5>

Sign-Up Link: <https://forms.office.com/r/a7KCN0EyZ5>