

# Happy Women’s History Month!

Women’s History Month is a celebration of women’s contributions to history, culture and society and has been observed annually in the month of March in the United States since 1987. Women’s History Month 2024 will take place from Friday, March 1 - Sunday, March 31, 2024.

The National Women’s History Month’s theme for 2024 celebrates “Women Who Advocate for Equity, Diversity and Inclusion.” The theme recognizes women throughout the country who understand that, for a positive future, we need to eliminate bias and discrimination entirely from our lives and institutions.

Women from every background have long realized that an uneven playing field will never bring equality or justice. Many feel the critical need to speak up and work harder for fairness in our institutions and social interactions.

During 2024, we recognize the example of women who are committed to embracing everyone and excluding no one in our common quest for freedom and opportunity. They know that people change with the help of families, teachers and friends, and that young people in particular need to learn the value of hearing from different voices with different points of view as they grow up.

### Read Full Articles:

[Women’s History Month 2024 - Dates, Facts & Quotes | HISTORY](#)

[2024 WHM Theme - National Women's History Alliance \(nationalwomenshistoryalliance.org\)](https://nationalwomenshistoryalliance.org)



### Inside this issue

National TRIO Day.....	2
NSLC Acceptance .....	3
Saturday Academy .....	3
St. Louis Guidelines .....	3
Event Photos .....	4
WUB Reminders/Updates .....	4
Contact Us.....	5
March Calendar.....	5
FAFSA Sessions.....	6
Summer Academy .....	7
Summer Bridge .....	8

### Follow us on Social Media!

- [Facebook](#): WU Upward Bound
- [Instagram](#): @upwardboundwashburn
- [Website](#): [TRIO Upward Bound Program - Washburn University](#)

## Celebrating National TRIO Day!

On February 24, 1986, a congressional resolution (H. Con. Res. 278) declared that Saturday, February 28, 1986, should be designated as "National TRIO Day" to commemorate the annual achievements of the Federal TRIO programs in communities across the country. Since then, our community has reserved the fourth Saturday in February as National TRIO Day. This day is an opportunity to focus the nation's "attention on the needs of disadvantaged young people and adults aspiring to improve their lives if they are to become contributing citizens of the country, and to the talent which will be wasted if that investment is not made."

This year the Washburn Upward Bound group celebrated it's first National TRIO Day by with a festival photo booth and gathering throughout the day. As you can see, we are lucky to have several future leaders in the program!



# National Student Leadership Congress (NSLC)



The NSLC is a competitive leadership program that selects outstanding TRIO school student delegates from Upward Bound, Upward Bound Math-Science and Talent Search programs across the United States and territories to participate in a rigorous 6-day leadership experience in Washington, D.C. During the Leadership Congress, the delegates sleep, study, and dine on the campus of American University. In addition to meeting their Senators and Representatives on Capitol Hill, delegates participate in community service projects, conflict resolution workshops, and spend much of the program engaged in a Mock Congress. This requires students to research critical policy issues, draft legislation, and debate their peers with their assigned team. Washburn Upward Bound and Topeka High are honored that two of our students, Samari Ewing (pictured left) and Ju'Lyssa Juarez (pictured right), were selected to participate in this year's event. Congratulations Ju'Lyssa and Samari!!





## SPRING 2024 SATURDAY ACADEMY SIGN-UP


Join us for the fun!  
Free snacks will be provided!

WUB Saturday Academy Spring 2024



- Saturday January 6th
- Saturday February 3rd
- Saturday March 2nd
- Saturday April 6th

Sign-up Link: <https://forms.office.com/r/SkzFgfNfKs>



### Want to go to St. Louis with WUB?

**Follow these 10 simple guidelines!**

1. Attend **ONE** Parent Meeting between now and April 18<sup>th</sup>.
  - Tuesday January 23<sup>rd</sup>
  - Thursday February 15<sup>th</sup>
  - Wednesday March 20<sup>th</sup>
2. Attend **ONE** Saturday Academy between now and April 18<sup>th</sup>.
  - Saturday February 4<sup>th</sup>
  - Saturday March 2<sup>nd</sup>
  - Saturday April 6<sup>th</sup>
3. Maintain a 2.5 GPA for the third 9 weeks term ending March 8<sup>th</sup>, 2024.
4. Obtain Driver's License or Kansas State Issued ID and provide a copy of either one to WUB staff. 
  - a. If purchasing Kansas State Issued ID to attend the trip, please save the receipt and give it to WUB staff for reimbursement.
5. Earn 8 hours of stipend qualifying hours for two consecutive months leading up to April.
6. Attend the St. Louis trip orientation meeting on Wednesday April 10, 2024. (Date may be subject to change).
7. Ensure that any THS make-up testing is completed **BEFORE** April 18<sup>th</sup>.
8. **\*Attendance Form** completed/signed.
9. **\*Parent/Guardian Paperwork** completed/signed.
10. **\*Intent to Attend Application** completed/signed.

\*Copies of the required paperwork listed (#8-10) can be found in room 338.

There are 33 students signed up to go to St. Louis with WUB next month. If you are one of them, make sure to follow the 10 simple guidelines listed above to guarantee your spot!

**Sign-Up Link:** <https://forms.office.com/r/SkzFgfNfKs>

**Scholarship Quick**

**Access**

**Washburn University:**  
[Scholarship Information](#) | [Washburn University](#)

**Washburn Tech:**  
[Scholarships](#)  
([washburntech.edu](#))

**Kansas State:**  
[Scholarships](#) ([k-state.edu](#))

**KU:**  
[All Opportunities - University of Kansas Scholarships](#)  
([academicworks.com](#))

**ESU:**  
[Scholarships - Emporia State University](#)

**Pitt. State:**  
[Scholarships and financial assistance](#) | [Pittsburg State University](#) ([pittstate.edu](#))

**Fort Hays:**  
[Scholarships - Fort Hays State University](#) (FHSU)

**Wichita State:**  
[Scholarships](#)  
([wichita.edu](#))

**JCCC:**  
[Scholarships](#) | [Johnson County Community College](#) ([jccc.edu](#))

\*Please inform Zalma if you'd like another school added to this list



**Workshops, Campus Tours, and Fun Saturday Academies!!**



**WUB Reminders/Updates**

- Invite friends to join WUB!
  - Online Application: [Student Application](#) ([empoweranalytics.org](#))
  - Paper Applications can be found in room 338
- Completion of Naviance Modules will count towards stipend hours so get them done!
- WUB needs copies of birth certificates from each student, please provide copy to Zalma at earliest convenience.

**St. Louis Trip Details:**

**MANDATORY** Parent Meeting will be held on **Wednesday April 10th** at Topeka High at 5pm.

Every student attending the St. Louis Trip will need to provide a copy of their Kansas State ID or Driver's License in order to travel with WUB. If they do not have neither, they can purchase a KS State ID, save the receipt and give a copy to Zalma to get reimbursed for the purchase.

# Contact Us!

Shelley Bearman - Upward Bound Director

[shelley.bearman@washburn.edu](mailto:shelley.bearman@washburn.edu)

Washburn Office Phone: (785)670-3872

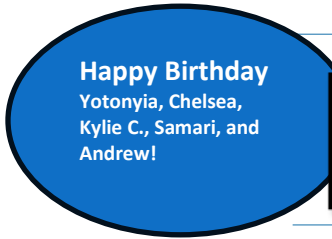
Zalma Molina - Upward Bound Advisor

[zalma.molina@washburn.edu](mailto:zalma.molina@washburn.edu) OR

[zmolina@tps501.org](mailto:zmolina@tps501.org)

THS Office Phone: (785)295-3220

Location: Room 338 at Topeka High



**Happy Birthday**  
Yotonyia, Chelsea,  
Kylie C., Samari, and  
Andrew!



*"If they don't give you a seat at the table, bring a folding chair." - Shirley Chisholm (1924-2005), U.S. Congresswoman*

# March

Proud to be Upward Bound!



# 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
						<b>Saturday Academy 9am-1pm (4 hours)</b>
3	4	5	6	7	8	9
	PM Academy (1.5 hours)	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours) Zoom Session (1 hour)	Trojan Time (1 hour) PM Academy (1.5 hours)	<b>End of 3<sup>rd</sup> Quarter</b>	
10	11	12	13	14	15	16
<b>No School – Spring Break</b>						
17	18	19	20	21	22	23
	PM Academy (1.5 hours)	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours) Zoom Session (1 hour)	Trojan Time (1 hour) PM Academy (1.5 hours) Parent Dinner (2 hours)		
24	25	26	27	28	29	30
Disney's the Lion King Broadway Show in Omaha, NE (All Day)	PM Academy (1.5 hours)	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours) Zoom Session (1 hour)	Trojan Time (1 hour) PM Academy (1.5 hours)	<b>No School</b>	

# NEED HELP WITH THE NEW FAFSA?

Washburn can help! We invite students and their families to attend one of these free sessions to get help completing the new FAFSA form.

**No sign-up necessary!**

## Mabee Library, Room 206B

**Wednesday, March 6**

• Noon-1 p.m. • 4-6 p.m.

**Wednesday, March 13**

• Noon-1 p.m. • 4-6 p.m.

**Wednesday, March 20**

• Noon-1 p.m. • 4-6 p.m.

**Wednesday, March 27**

• Noon-1 p.m. • 4-6 p.m.

**Wednesday, April 3**

• Noon-1 p.m. • 4-6 p.m.

**Wednesday, April 10**

• Noon-1 p.m. • 4-6 p.m.

**Wednesday, April 17**

• Noon-1 p.m. • 4-6 p.m.

**Wednesday, April 24**

• Noon-1 p.m. • 4-6 p.m.

**Wednesday, May 1**

• Noon-1 p.m. • 4-6 p.m.

## Morgan Hall Welcome Center

**Saturday, March 30**

• 9 a.m. to noon



### PRIORITY DEADLINE

In order to alleviate some of the challenges caused by the new FAFSA form, Washburn University has moved its FAFSA priority date for the 2024-2025 college school year back to **May 1, 2024**.

### QUESTIONS?

Visit [Washburn.edu/FAFSA2024](https://Washburn.edu/FAFSA2024) to learn more about the federal changes to the 2024-25 FAFSA, or contact the Financial Aid Office at **785.670.1151** or by email at [financialaid@washburn.edu](mailto:financialaid@washburn.edu).



# UPWARD BOUND SUMMER ACADEMY

**JUNE 17-JULY 26, 2024**

A 6-week day camp for UB participants from incoming freshmen to incoming seniors can participate. Lunch and snacks provided. Students may register for all six weeks. Students who attend four out of six weeks will receive a \$60 stipend. Students can be dropped off at 7:30 am and be monitored until camp begins at 9:00 am. Camp ends at 3:00 pm, but students can stay until 5:00 pm and be monitored until 5:15 pm. Must register by April 1, 2024.

## SCHEDULE

### WEEK 1

**June 17-21, 2024** (NOTE: NO Camp June 19 for Juneteenth)

Field Trip: Wichita State University campus tour  
and Great Plains Nature Center

### WEEK 2

**June 24-28, 2024**

Field Trip: Royals Game and walking tour of Kauffman Stadium

### WEEK 3

**July 1 – July 5, 2024** (NOTE: NO Camp July 4 for Independence Day)

Field Trip: The Federal Reserve Money Museum  
and The Nelson Atkins Museum of Art

### WEEK 4

**July 8-12, 2024**

Field Trip: Worlds of Fun

### WEEK 5

**July 15-19, 2024**

Field Trip: Fiesta Topeka Festival

### WEEK 6

**July 22-26, 2024:**

Field Trip Cosmosphere

6:00- 7:00 PM Parent Closing Ceremony



**REGISTER  
HERE!**



**JOURNEY TO THE STARS: TOGETHER WE THRIVE**



# UPWARD BOUND SUMMER BRIDGE FOR 2024 GRADUATING SENIORS JUNE 17-JULY 26, 2024

Bridge is a residential 6-week camp where only 2024 graduating seniors can apply. Students will earn 6 free university credits while living on campus, and attend field trips. The theme is "Journey to the Stars: Together We Thrive". Lunch and snacks provided. Must register by April 1, 2024. Bridge will have evening activities planned that Summer Academy kids can't attend.

## SCHEDULE

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## JOURNEY TO THE STARS: TOGETHER WE THRIVE