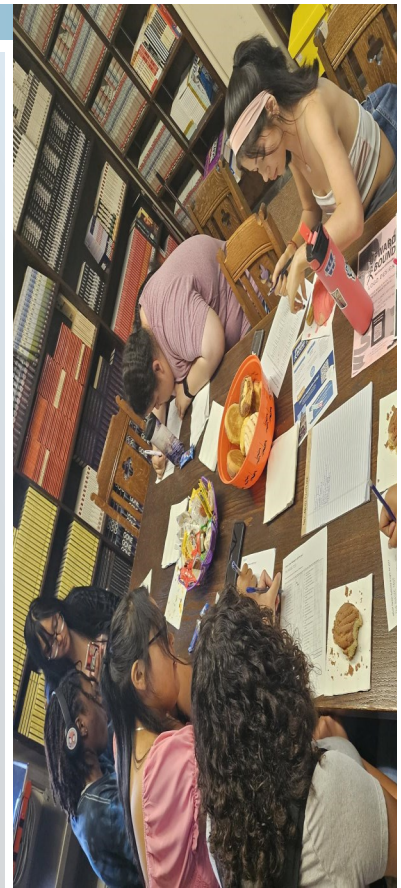


## Introducing Washburn Upward Bound's New Sweatshirt Design!



This semester, Washburn Upward Bound is ordering sweatshirts for the group. Students were encouraged to submit designs for this year's logo which will be put on the sweatshirt. All of the submitted designs were collected and after group voting, the design pictured above was chosen!



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### Follow us on Social Media!

- Facebook: WU Upward Bound
- Instagram: @upwardboundwashburn
- Website: washburn.edu/upwardbound



## Washburn Tech Campus Tour

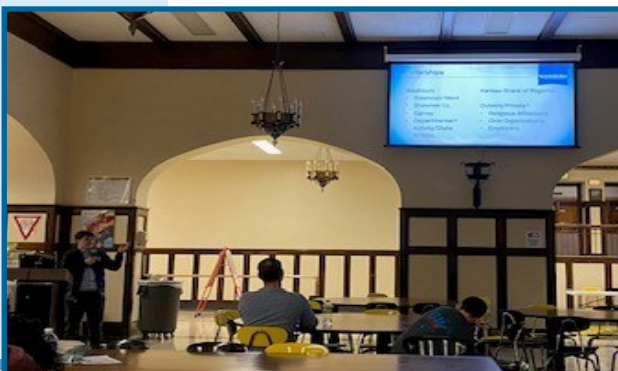
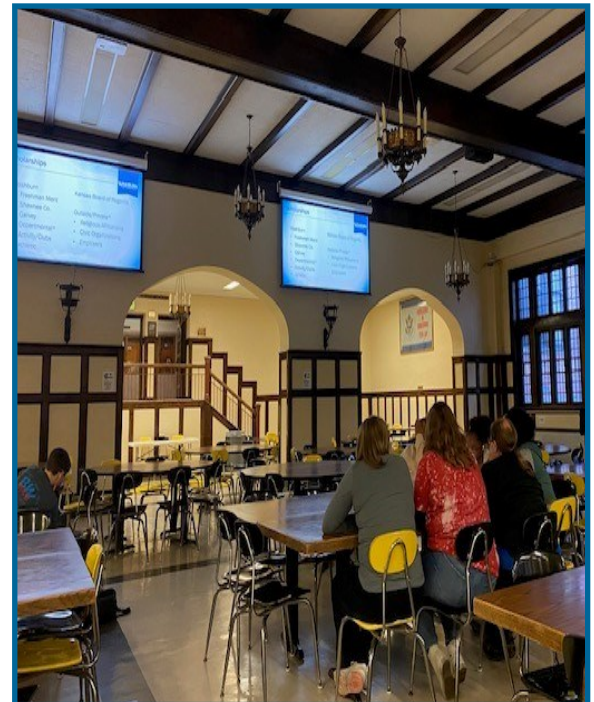
During the month of October, Washburn Upward Bound was able to take a group of students to visit Washburn Tech's main campus. This visit involved a tour of the facility led by an Admissions Representative, meeting with current instructors, and observing what classes are like at a technical institution. High school students can attend Washburn Tech as early as their junior year in high school. These programs vary from 1-2 year long in length depending on the program of interest and the cost of attendance is significantly more affordable for high school students. Please encourage students, if interested, to talk to their counselor or Zalma for more information on admission.

## Parent Dinners

Held once every month, Parent Dinners are hosted as a way for WUB staff to interact with the students and their parents on important topics and fun activities. The October Parent Dinner was centered on information regarding applying for Scholarships. We highly encourage all students in the program and their parents to participate in these events. The date for the upcoming November Parent Dinner will be **Tuesday November 14th 5pm-7pm at the THS Cafeteria** where a Washburn University Financial Aid Representative will be going over **Filling out the FAFSA**.

We look forward to seeing you there!

**RSVP Link:** [Upward Bound event registration](#) | [Washburn University](#)





## Saturday Academy

Saturday Academy is an event held once every month as an academic enrichment component of the program. Students are exposed to fun lessons in four different subjects: Chemistry, English, Math, and the Spanish language. These subjects are taught by actual high school teachers and the teachers stick around for tutoring sessions. The WUB staff also presents developmental workshops, interactive experiments, as well as snacks and free lunch!

This last Saturday Academy held in October involved a Soda and Mentos chemical reaction. When Mentos candy is dropped inside of the soda which contains carbon dioxide, the carbon dioxide molecules attach to it. The tiny pores on a larger surface area of Mentos ultimately speed up the release of the gas, which creates bubbles that rise to the surface and push the drink resulting in a blast.

We would highly appreciate encouraging your student to attend!

**Sign-up Link:** <https://forms.office.com/r/XQfuP12DM1>



### Saturday Academy Dates:

- Saturday November 11th

Location: Mabee Library at Washburn University from 9am-1pm

**FREE LUNCH**  
**AND**  
**TUTORING!**

**Scholarship Quick**

**Access**

**Washburn University:**  
[Scholarship Information | Washburn University](#)

**Washburn Tech:**  
[Scholarships \(washburntech.edu\)](#)

**Kansas State:**  
[Scholarships \(k-state.edu\)](#)

**KU:**  
[All Opportunities - University of Kansas Scholarships \(academicworks.com\)](#)

**ESU:**  
[Scholarships - Emporia State University](#)

**Pitt. State:**  
[Scholarships and financial assistance | Pittsburg State University \(pittstate.edu\)](#)

**Fort Hays:**  
[Scholarships - Fort Hays State University \(FHSU\)](#)

**Wichita State:**  
[Scholarships \(wichita.edu\)](#)

**JCCC:**  
[Scholarships | Johnson County Community College \(jccc.edu\)](#)

\*Please inform Zalma if you'd like another school added to this list

## Fall 2023 Workshop Series

### October:

- Wednesday October 25<sup>th</sup> during Trojan Time  
*"Personal Finance – Credit"*

### November:

- Wednesday November 1<sup>st</sup> during Trojan Time  
*"Benefits of Pursuing a Post-Secondary Education"*  
**Guest Speaker:** Nick McClung from Washburn University Advising
- Thursday November 9<sup>th</sup> during Trojan Time  
*"Choosing a Major/Career Exploration"*  
**Guest Speaker:** Sydney Fox from Washburn University Career Services
- Tuesday November 14<sup>th</sup> during Parent Dinner 5pm-7pm  
*"Filling out the FAFSA"*  
**Guest Speaker:** Ginger McBride from Washburn University's Financial Aid Department
- Wednesday November 29<sup>th</sup> during Trojan Time  
*"Mental Health Awareness"*

### December:

- Wednesday December 6<sup>th</sup> during Trojan Time  
*"Introduction to Money Management"*  
**Guest Speakers:** Katie Bleach and Jackie Anderson from Azura Credit Union
- Wednesday December 13<sup>th</sup> during Trojan Time  
*"Preparing for an Interview/Resume Building"*

**Please encourage your student to attend these informative workshops!**

## Contact Us!

Shelley Bearman - Upward Bound Director

[shelley.bearman@washburn.edu](mailto:shelley.bearman@washburn.edu)

Zalma Molina - Upward Bound Advisor

[zalma.molina@washburn.edu](mailto:zalma.molina@washburn.edu)

Phone: (785)295-3220

Location: Room 338 at Topeka High School



*“Teaching is more than imparting knowledge; it is inspiring change. Learning is more than absorbing facts; it is acquiring understanding” - William A. Ward*

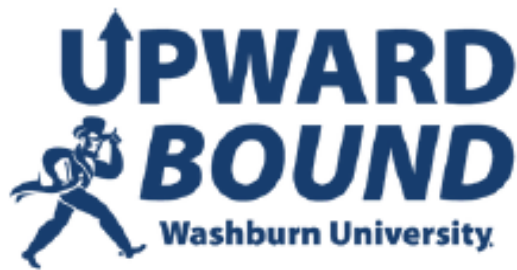
# November

Proud to be Upward Bound!



# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) Educational Enrichment Trip to IFly (4 hours)	
5	6	7	8	9	10	11
	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours) College Application Day during PM Academy	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour)	Saturday Academy (4 hours)
12	13	14	15	16	17	18
	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours) Parent Night (2 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour)	
19	20	21	22	23	24	25
Thanksgiving Break						
26	27	28	29	30		
	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours) Washburn Campus Tour (2 hours)		



## WAYS YOU CAN BE INVOLVED WITH WUB:

### 1. CHAPERONE/GUEST SIGN-UP

- Sign-up to be put on our chaperone list or taken on trips as a guest using the QR code on the right

Washburn Upward Bound (WUB)  
Parent/Adult Chaperone Interest  
Form



### 2. PARENT DINNERS FALL 2023

- Tuesday September 19th 5pm-7pm
- Tuesday October 17th 5pm-7pm
- Tuesday November 14th 5pm-7pm

**\*The Parent Dinners will always be at Topeka High unless otherwise noted.**

### 3. FOLLOW US ON SOCIAL MEDIA

Facebook: WU Upward Bound

Instagram: Washburn University Upward Bound

### CONTACT

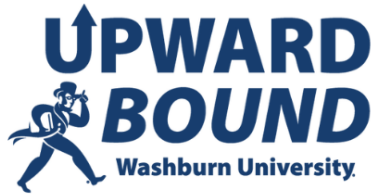
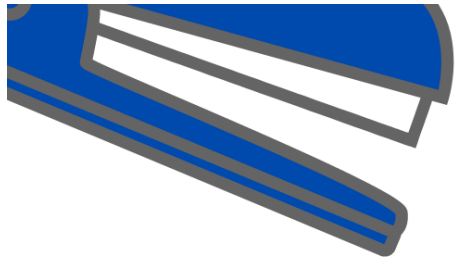
Shelley Bearman-Director: (785)670-3872

- shelley.bearman@washburn.edu

Zalma Molina-Advisor: (785)295-3220

- zalma.molina@washburn.edu





# SATURDAY ACADEMY SIGN-UP



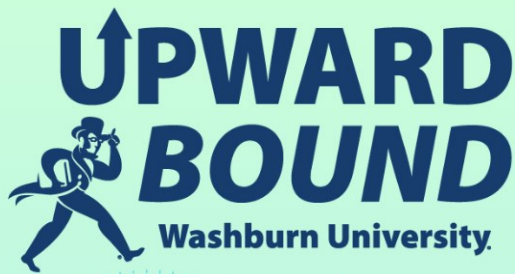
Fall 2023

**Join us for the fun! Free lunch provided!**



Washburn Upward Bound  
Saturday Academy RSVP Fall 2023





# FALL 2023 CAMPUS TOURS

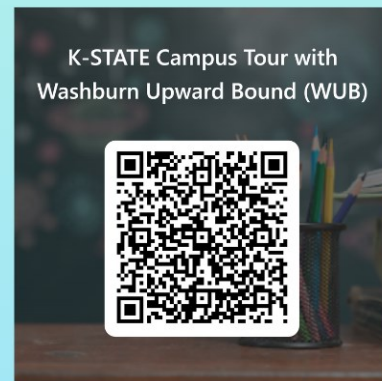
*Washburn  
University*

Thursday November 30th  
10am



*Kansas State  
University*

Tuesday December 5th  
10am



## SIGN UP LINKS

<https://forms.office.com/r/eVghbCfKKV>

<https://forms.office.com/r/QUgakejKuS>

Students who sign up in advance will be excused from classes on these days