

Celebrating Hispanic Heritage Month!

September 15th 2023 - October 15th 2023

Hispanic Heritage Month is a month-long celebration of Hispanic and Latino history and culture. While we celebrate Hispanic and Latino communities beyond this month, from September 15 to October 15 we give extra recognition to the many contributions made to the history and culture of the United States, including important advocacy work, vibrant art, popular and traditional foods, and much more.

Today, the Latino population in the United States today is over 60 million, according to the U.S. Census Bureau. This makes up 18.9% of the total population and is the largest racial or ethnic group. Latinos continue to help fuel our economy and enrich our nation as entrepreneurs, athletes, artists, entertainers, scientists, public servants, and much more.



Hispanic Heritage Month is an opportunity to shine a spotlight on the unique voices and experiences of Hispanic/Latino Americans and recognize their history, journeys, and achievements. Through these celebrations, we can all help to inspire younger generations and bring communities together.

Washburn Upward Bound (WUB) is celebrating this month by taking part in various activities including skull paintings hosted by the Topeka High library (pictured left), checking out books that highlight the achievements made by Hispanic/Latino Americans, providing cultural dishes throughout the month, and much more!



Inside this issue

KC Zoo Trip Overview.....	2
COE Annual Conference.....	3
Parent Dinner	3
Saturday Academy	3
TRIO News and Impact.....	4
Academic Resources ..	4
Community Resource	5
October Calendar	5
Adult Involvement Form	6
Saturday Academy Sign-up	7
Murder Mystery Sign-up	8
Contact Us	8

Follow us on Social Media!

- Facebook: WU Upward Bound
- Instagram: @upwardboundwashburn
- Website: washburn.edu/upwardbound



Kansas City Zoo and Aquarium Trip

Last month, the group traveled to the Kansas City Zoo and Aquarium for the first trip of the school year. Our WU TRIO Upward Bound students engaged in an exclusive tour to learn about careers in Zoology with a presentation hosted by a representative of the Kansas City Zoo Learning Center. We learned about STEM careers including engineers

who develop animal exhibits, zookeepers, veterinarians, and animal nutritionists. Other attractions were viewed such as the Sobela Ocean Aquarium, African Safari, Wonders of the Outback Australian interactive exhibit, Tropics event pavilion, Discovery barn, and virtual animal chats.



Council for Opportunity in Education (COE) 2023 Annual Conference held in Washington D.C.

This year's annual conference took place from September 10th-13th in Washington, D.C. as a way to provide more impactful leverage for programs and participants. WUB Director, Shelley Bearman, and Advisor, Zalma Molina, participated in featured discussions on new trends in college access and retention as well as connecting college leaders to proven best practices that will improve local colleges. They attended various workshops centered around demonstrating program effectiveness and overall were able to hear new ideas, meet new colleagues, and generate renewed energy.



Parent Dinners

Held once every month, Parent Dinners are hosted as a way for WUB staff to interact with the students and their parents on important topics and fun activities. The first dinner that took place this academic year (pictured right) was centered on introducing the new WUB staff and going over the program's goals for the upcoming year. We highly encourage all students in the program and their parents to participate in these events. The upcoming topics and dates for the Fall 2023 semester are the following:



- Tuesday October 17th 5pm-7pm at THS Cafeteria: Scholarships
- Tuesday November 14th 5pm-7pm at THS Cafeteria: Filling out the FAFSA

We look forward to seeing you there!

Saturday Academy

Saturday Academy is an event held once every month as an academic enrichment component of the program. Students are exposed to fun lessons in four different subjects: Chemistry, English, Math, and the Spanish language. These subjects are taught by actual high school teachers and the teachers stick around for tutoring that is offered. The WUB staff also presents developmental workshops, interactive experiments, as well as snacks and free lunch! We would highly appreciate encouraging your student to attend. Our first Saturday Academy involved dancing, raffles, attendance at Washburn's Family Day event, and free tickets to a Washburn home Football game!

Saturday Academy Dates:

- Saturday October 7th
- Saturday November 11th

Location: Mabee Library at Washburn University from 9am-1pm

**Scholarship Quick
Access**

Washburn University:
[Scholarship Information | Washburn University](#)

Washburn Tech:
[Scholarships \(washburntech.edu\)](#)

Kansas State:
[Scholarships \(k-state.edu\)](#)

KU:
[All Opportunities - University of Kansas Scholarships \(academicworks.com\)](#)

ESU:
[Scholarships - Emporia State University](#)

Pitt. State:
[Scholarships and financial assistance | Pittsburg State University \(pittstate.edu\)](#)

Fort Hays:
[Scholarships - Fort Hays State University \(FHSU\)](#)

Wichita State:
[Scholarships \(wichita.edu\)](#)

JCCC:
[Scholarships | Johnson County Community College \(jccc.edu\)](#)

***Please inform Zalma if you'd like another school added to this list**

TRIO News and Impact

Intersectionality and Helping Students “Foster Their Identities”

AUGUST 21, 2023 — BY HOLLY HEXTER

Intersectionality examines the interconnected nature of how race, gender, class, and other social categorizations create overlapping and interdependent systems of discrimination or disadvantage. In 2021, Promise Institute Professor Kimberlé Crenshaw discussed her ground-breaking concept of intersectionality with COE conference attendees and inspired the audience of educators to renew its commitment to the advancement of opportunity for the least advantaged students.

This month, COE sits down with two seasoned college access and success professionals, both former COE board chairs, to ask them what intersectionality means to them. Kyle Ethelbah, director of college programs in the Center for Academic Enrichment and Outreach at the University of Nevada, Las Vegas, and Kristian Wiles, associate vice president for student success at the University of

Washington, illustrate how they incorporate intersectionality into their student services and practices.

COE: What is lost when educators fail to consider their students’ multiple identities?

KE: We must know our roles beyond the required services and curricula. What we also give to students is the opportunity for them to understand their learning and their meaning-making of the world. When we don’t acknowledge the intersections of their identities, we’re creating an environment that reinforces structures that tell them they’re not ok.

KW: There’s stereotyping and unintended impact. They [advisers] don’t know precisely when they may have the most significant impact on students. A challenge for us is to think about identities outside the eligibility criteria for TRIO and try our best to be thoughtful about how we approach equity.

Our community has some work to do regarding sexual identity and gender, and we would be doing our students a disservice if we failed to do so. We should pay attention to what our students tell us [about their identities]. They are navigating a world that is very different from that of five or ten years ago.

Full Story: [Intersectionality and Helping Students “Foster Their Identities” - Council for Opportunity in Education \(coenet.org\)](#)

Academic Resources

WUB students have access to 2 online resources through the program that offer different ways of tutoring/assisting in completing classwork while also earning hours towards their monthly stipends. The following resources are:

1. Method Learning

Login Link: [Methodize - Online learning platform by Method Learning](#)

Requires logging in using their tps501 school email address

1. Tutor Me

Login Link: [On-demand one-on-one tutoring for schools and districts | TutorMe](#)

Requires logging in using their tps501 school email address

***If the student has any issues logging into their account, please contact WUB Advisor, Zalma Molina.**

Community Resource Highlight

Topeka Metro: All High School Students Ride Free on Topeka Metro with Valid ID

TOPEKA, KAN. (JULY 20, 2023) – The Topeka Metro board of directors has approved for the 2023-24 academic year, that all high school students with a valid student ID can ride fixed bus routes for free. Paratransit users will need to apply for eligibility.

“Topeka Metro considers providing transportation an essential service and that includes getting students to school,” said Bob Nugent, Topeka Metro General Manager. "By providing their own school ID, the student can just hop on the Metro bus and take which route they need to travel to school, work, home, or elsewhere within our route system. We will work diligently to make sure that students, parents or caregivers are aware of this opportunity."

To ride free, high school students will only need to present their valid student ID for the 2023-24 school year.



“Education is not the filling of a pail but the lighting of a fire.” - William Yeats

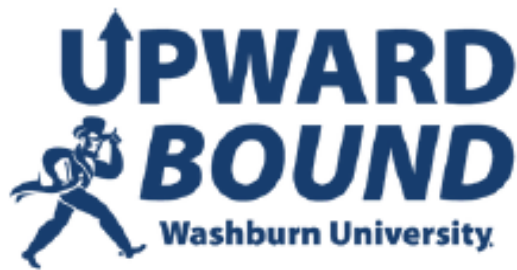
October

Proud to be Upward Bound!



2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour)	Saturday Academy (4 hours)
8	9	10	11	12	13	14
	No School	No School	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour)	
15	16	17	18	19	20	21
	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours) Washburn Tech Open Parent Night (2 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour)	Educational Enrichment Trip to the Topeka Civic Theater (3 hours)
22	23	24	25	26	27	28
	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)	No School	No School	
29	30	31				
	PM Academy (1.5 hours)	Trojan Time (1 hour) PM Academy (1.5 hours)				



WAYS YOU CAN BE INVOLVED WITH WUB:

1. CHAPERONE/GUEST SIGN-UP

- Sign-up to be put on our chaperone list or taken on trips as a guest using the QR code on the right

Washburn Upward Bound (WUB)
Parent/Adult Chaperone Interest
Form



2. PARENT DINNERS FALL 2023

- Tuesday September 19th 5pm-7pm
- Tuesday October 17th 5pm-7pm
- Tuesday November 14th 5pm-7pm

***The Parent Dinners will always be at Topeka High unless otherwise noted.**

3. FOLLOW US ON SOCIAL MEDIA

Facebook: WU Upward Bound

Instagram: Washburn University Upward Bound

CONTACT

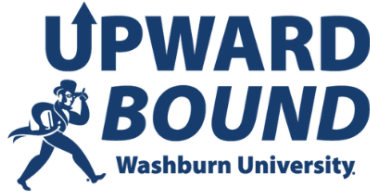
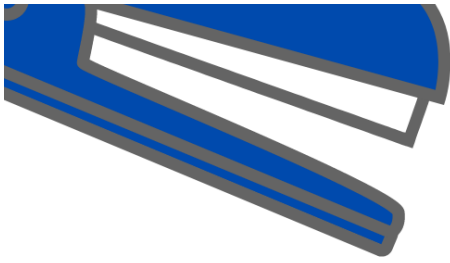
Shelley Bearman-Director: (785)670-3872

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SATURDAY ACADEMY SIGN-UP



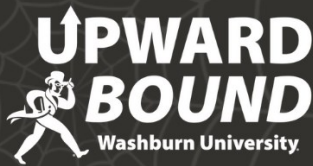
Fall 2023

Join us for the fun! Free lunch provided!



Washburn Upward Bound
Saturday Academy RSVP Fall 2023





MURDER MYSTERY DINNER AND SHOW

WHO SHOT DR. CRISTOW?

THE HOLLOW BY AGATHA CHRISTIE

Saturday, October 21 2023, Dinner at 6pm, Show at 7:30pm
Topeka Civic Theater 3028 SW 8th Ave., Topeka, KS 66606

*Let us know you're
coming*

Washburn Upward Bound Murder
Mystery Dinner and Show



Shelley Bearman - Upward Bound Director

shelley.bearman@washburn.edu

Contact Us!

Zalma Molina - Upward Bound Advisor

zalma.molina@washburn.edu

Phone: (785)295-3220 Room 338 at THS