



**Bachelor of Science in Kinesiology in
Exercise and Rehabilitation Science**

First Year					
Fall			Spring		
Number	Course Title	Hours	Number	Course Title	Hours
WU 101	The Washburn Experience ^a	3	MA 116	College Algebra ^{(SGE),030 a}	3
EN 1XX	Introductory College Writing ^{(SGE) 010, a}	3	KN 248	Wellness Concepts & Application ^{a,d}	3
KN 250 & NU 101 OR AL101	Introduction. to Kinesiology ^a (2) & NU 102 Medical Terminology ^a (1) OR AL 101 Foundations of Health Care ^a (3)	3	BI 275	Human Anatomy with Lab ^{*a} (BI00 and BI 101)	4
BI 1XX	BI 100 Human Biology/BI 101 Human Biology Lab ^{a,d} OR BI 192 General Cellular Biology ^{a,d}	5	XX 1XX	Social and Behavioral Science ^{(SGE) 050} (recommend PY 100 Basic Concepts in Psych) ⁰⁵⁰	3
			CN XXX	Communication Studies ^{(SGE), 020, a}	3
Total Hours		14	Total Hours		16

Second Year					
Fall			Spring		
Number	Course Title	Hours	Number	Course Title	Hours
BI 255	Human Physiology ^{*a} (BI00 and BI 101)	4	CH 121 or CH 151	Gen. Org. Bio. Chemistry ^{*040a,d} (MA 116) OR CH 151 Fund. Of Chem ^{*040a,d} (MA 116)	5
KN 291	Field Experience ^{*a} (KN 248 & AL 101, OR KN 250 & NU 102)	1	MA 140 OR PY 151	Math Statistics ^{*d} (MA 116 or MA 123) or Psychological Statistics ^{*d} (PY 100)	3
KN 266	Microcomputer Appl. To Kinesiology [*] (KN or PE Major) ^a	2	KN 321	Anatomical Kinesiology ^{*a} (BI 275)	3
KN XXX	KN Major Elective ^a	3	EN 200	Intermediate College Writing ^{*(SGE) 010 a, d} (EN 101 or 102)	3
XX XXX	Arts and Humanities Elective ^{(SGE) 060}	3	XX XXX	Institutional inclusion and Belonging ^{(SGE) 070}	3
XX XXX	Social and Behavioral Science ^{(SGE) 050}	3			
Total Hours		16	Total Hours		17

Third Year					
Fall			Spring		
Number	Course Title	Hours	Number	Course Title	Hours
KN 326	Physiology of Exercise ^{*a} (BI 255)	3	XX XXX	Non-Major Elective ^a	3
KN 327	Physiology of Exercise Lab ^{*a} (BI 255 and must be taken concurrent with KN 326)	3	XX XXX	Non- Major Elective ^a	3
KN 342	Activity Techniques 2 ^{*a} (KN 248 & KN 250)	1	KN 3XX	KN 300 Psych of Sport/Phys Activity Or KN 318 Exercise Psychology ^{*a} (KN 248 and KN 250)	3
PS XXX	PS 131 Biol Physics for Health & Life Science ^{*a} (MA 116 or higher) (3) & PS 132 Biol Physics for Health & Life Lab (1) OR PS 261 College Physics ^{*a} (MA 116/117 OR MA 123 OR MA 151) (5)	2	KN 308	Nutrition for Sports & Fitness ^{*a} (KN 248 and KN250, or junior standing and consent)	3
EN 308	Technical Writing ^{*010 a,d} (EN 101 or EN 102 & EN 200)	4-5	KN 330	Administration of Exercise and Rehabilitation Science ^{*a} (KN 291)	3
XX XXX	Institutional Scientific Literacy ^{(SGE) 070}	3	BI XXX	Natural Science Elective (Biology) ^{040 a,d}	2
Total Hours		16-17	Total Hours		17

Fourth Year					
Fall			Spring		
Number	Course Title	Hours	Number	Course Title	Hours
KN XXX	KN Major Elective ^a	3	KN 403	Biomechanics ^{*a,c} (KN 321; PS 131 & PS 132 OR PS 261)	3
KN 410	Fitness Testing & Exercise Prescription ^{*a} (KN 326 and KN 342)	3	XX XXX	Arts and Humanities Elective ^{(SGE) 060}	3
KN 357	Sports Performance Training & Conditioning ^{*a,b} (BI 255 and KN 342)	3	KN 411	Current Literature in Kinesiology ^{*a} (KN 326; MA 140 or PY 151)	3
XX XXX	Non-Major Elective ^a	3	KN XXX	KN Major Elective ^a	3
Total Hours		12	Total Hours		12

* Prerequisite Required

^a Grade of "C" or higher is required

^b Offered in Fall semester only

^c Offered in Spring semester only

^d Course can also fulfill a general education requirement; discuss with advisor

Systemwide General Education (SGE) Key

010 English	050 Social and Behavioral Science
020 Communications	060 Arts and Humanities
030 Math and Statistics	070 Institutionally Designated
040 Natural and Physical Sciences	