

KINESIOLOGY DEPARTMENT – ADVISING GUIDE FOR THE FIRST YEAR

E-mail: kines@washburn.edu - Phone: 785-670-1459 - Location: Petro Center Room 201

First Semester

WU 101

EN 101

KN 248

KN250/NU102 or
AL101

BI 100/101 or
BI 192

Second Semester

CN 101 or CN 150

EN 200

MA112 or MA116

KN266

BI 250, BI 255 or
BI 275

Declare your major: Visit the KN Department to discuss degrees, declare your major, and be advised by a KN faculty member to create a schedule for the next semester. The following is a brief explanation of KN degree programs.

Bachelor of Arts in Health and Fitness Promotion

For students desiring careers in health promotion, wellness and/or fitness-related settings. Areas such as exercise and sports performance, personal fitness training, corporate wellness, recreation/leisure studies, and public health management are some examples. In addition, students could pursue advanced degrees in other health and fitness related professions but may need to complete additional course work to meet prerequisite requirements.

Bachelor of Arts in Sport Management

For students desiring a career in sports administration and/or the business side of the sports industry. This degree prepares students for managerial positions in a variety of sports-related organizational settings and includes a 21 credit hour Minor in Business from the Washburn University School of Business.

Bachelor of Science in Exercise and Rehabilitation Science

For students desiring to pursue graduate or professional school in fields such as Athletic Training, Exercise Physiology, Physical Therapy, Nutrition Science/Dietetics, Occupational Therapy, Chiropractic, and Cardiac Rehabilitation. This degree is designed to prepare students to meet many of the prerequisite courses necessary for application to the above-mentioned professional degree programs.

Bachelor of Education in P-12 Physical Education Teaching

For students desiring to become public school physical education teachers. This degree prepares students for the certification required to teach pre-Kindergarten through grade twelve children in the performance and understanding of basic motor skills, games, and lifelong fitness activities, as well as the social and personal skills related to participating in physical activities.