

KINESIOLOGY MINOR PROGRAMS

NAME: _____ WIN: _____ ADVISOR: _____

MINOR IN SPORTS AND MEDIA (15 credits - *C minimum in all courses*):

REQUIRED COURSES:

MM 155 Sports and Media (3)
KN 370 Facility and Event Management (3) (Prereq: KN306 Organization and Administration of Kinesiology; OR consent of Instructor)
MM 370 Sports Branding and Promotion (3) (Prereq: MM 100 Intro to Mass Media OR consent)

CHOOSE TWO OF THE FOLLOWING (or discuss with advisor other acceptable choices):

EN 190 Sports Films (3)
MM 199 Professional Media Applications (3)
KN 315 ST: Sports Traditions and Cultural History of Europe (3) (International WTE experience)
SO 315 Sociology of Sport (3) (Prereq: SO 100 Introduction to Sociology)

MINOR IN SPORT AND HEALTH PSYCHOLOGY (18 credits - *C min in all courses*):

REQUIRED COURSES:

KN 248 Wellness Concepts and Application (3)
KN 300 Psychology of Sport and Physical Activity (3) (Prereq: KN 248 and KN 250; OR consent) OR KN 318 Exercise Psychology (3) (Prereq: KN 248 and KN 250; OR consent)
PY 100 Basic Concepts in Psychology (3)
PY 307 Physiology Psychology (3) OR PY 326 Health Psychology

CHOOSE TWO OF THE FOLLOWING* (or discuss with advisor other acceptable choices):

- * Kinesiology Majors must choose Psychology courses
- * Psychology Majors must choose Kinesiology courses

KN 300 Psychology of Sport and Physical Activity (3) (Prereq: KN 248 and KN 250; OR consent) OR KN 318 Exercise Psychology (3) (Prereq: KN 248 and KN 250; OR consent)
KN 308 Nutrition for Sports and Fitness (3)
KN 326 Exercise Physiology (3)
KN 410 Fitness Testing and Exercise Prescription (3)
PY 307 Physiology Psychology (3) OR PY 326 health psychology
PY 309 Theories of Personality (3)
PY 333 counseling Psychology (3) OR PY 351 introduction to Clinical Psychology (3)
PY 389/390 Independent Study/Directed Research

MINOR IN COACHING (17 credits - *C minimum in all courses*):

REQUIRED COURSES:

	KN 240 Coaching Principles and Philosophy (2)
	KN 257 Prevention and Care of Athletic Injuries (3)
	KN 300 Psychology of Sport and Physical Activity (3) (Prereq: KN 248 and KN 250; OR consent)
	KN 357 Sports Performance Training and Conditioning (3) (Prereq: KN 342 Physical Education Activity Techniques II (2) and BI 255 Human Physiology (4); OR consent).

CHOOSE ONE OF THE FOLLOWING:

	KN 341 Phys Educ Activity Techniques I (Team Sports) (2) (Prereq: KN 248 and KN 250; OR consent)
	KN 343 Phys Educ Activity Techniques III (2) (Individual Sports) (Prereq: KN 248 and KN 250; OR consent)

CHOOSE TWO OF THE FOLLOWING:

	KN 281 Coaching Football (2)
	KN 282 Coaching Basketball (2)
	KN 283 Coaching Track and Field (2)
	KN 284 Coaching Baseball and Softball (2)
	KN 285 Coaching Volleyball (2)
	KN 286 Coaching Soccer (2)

CPR/AED & FIRST AID CERTIFICATIONS ARE <i>CURRENT</i> AT TIME OF GRADUATION
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Fall 2024