

Academic Diversity & Inclusion Committee
Meeting Minutes
November 9, 2021, 1 PM (Zoom)

Present: Barraclough, Bearman (S), Brown, Burdick, Carlson (C), Chadwick, Coleman, Collier, Desota, Dye, Erby, Grant, Havens, Jackson, Juma, Kendall-Morwick, Lutz, McClendon, Miller, Morse, O'Neil, Nyquist, Scofield, Steffen, Sundal, Wasserstein

- I. Minutes from October 5, 2021 were approved
- II. Old Business
 - a. 2021 Tilford (Burdick)-- Held at KU this year. Several WU faculty and staff presented as part of three different conference sessions. The research for these presentations all began in CTCL workshops:
 1. Inclusive Pedagogy research group: Grimmer, Crumer, Miller, Grant, and Mendoza
 2. Antiracist workshop presentation: Walters and Tatum
 3. Supporting faculty in developing inclusive pedagogies: Erby and Burdick - support of faculty
 - b. Reminder that Washburn will host Tilford next year. Please hold the dates of Oct. 6 & 7, 2022 and encourage your colleagues to hold these dates as well. Press release and additional information will be coming soon.
- III. New Business
 - a. Action groups are meeting to work on their respective goals.
- IV. Discussion
 - a. Update from Campus Counseling Services- At the request of several ADIC members, Crystal Lemming, director of Counseling Services, updated ADIC about the current waitlist for an appointment and outlined services Counseling Services continues to offer despite the waitlist ([see attached](#) p. 2).
 - b. Accessibility & Inclusion Carnegie—Student Daija Coleman is completing a capstone intended to address Carnegie's lack of accessibility and inclusion. Coleman, Education faculty, and members of ADIC shared about the lack of accessibility and inclusion that the building has caused. ADIC members will draft statement of support for Coleman's project and circulate electronically for endorsement by the full ADIC. ADIC members also encouraged to join the "March for Inclusion" Coleman has organized for November 10 and help spread the word about this event.
- V. Announcements
 - a. AAADS spring courses
 - b. November 18th: DeCuir presentation on antiracist pedagogy

c. MILs is commissioning student artwork

Counseling Services Update to ADIC

11/9/21

Questions? Contact Crystal Leming, crystal.leming@washburn.edu

Wait list for appointments began at the very end of September. Counseling Services is still able to offer the following services to all students:

- 24/7 access to services by phone for all levels of need and in many different languages (785-670-3100, option 2)
- Crisis drop-in services are still available anytime Counseling Services is open (crisis meaning thoughts of suicide, harming others, psychosis, or delusions)
- Drop-in services available until 4 each Wednesday (we try not to take clients after 4 as there would be very little time left to see them)
- Programming –Psychoeducational presentations, social media, events and talks, etc.
- Personalized referrals—see below for more information.

On personalized referrals:

Students can reach out by e-mail at counseling@washburn.edu to request a personalized referral. They could reach out by phone or in person as well, but e-mail tends to be the easiest way to get all of the information gathered. We usually ask the following questions:

- Do you have insurance? If so, who is your carrier (i.e., Blue Cross Blue Shield, etc.)? Do you feel comfortable using it? (The policy holder will likely get an explanation of benefits naming the services used and who used them.) Can you afford to use it? (Co-pays for therapy sessions are usually around \$35)
- If you do not have insurance, do you want/need a provider who offers sliding scale fees or discounted rates?
- Do you have identity preferences regarding the provider such as gender, race, language, etc.?
- Do you prefer in-person, telehealth, or feel open to both?
- Do you live in Topeka or somewhere else? Will this change during breaks?
- What is the reason for seeking care? (Brief is fine such as grief, anxiety, depression, etc.)

- Is there a specific treatment or service the provider should be able to provide? (ADHD assessment, EMDR, ESA assessment, etc.)
- Finally, what else do you want me to know about you to help guide the right referrals?

Additional Resources/Information:

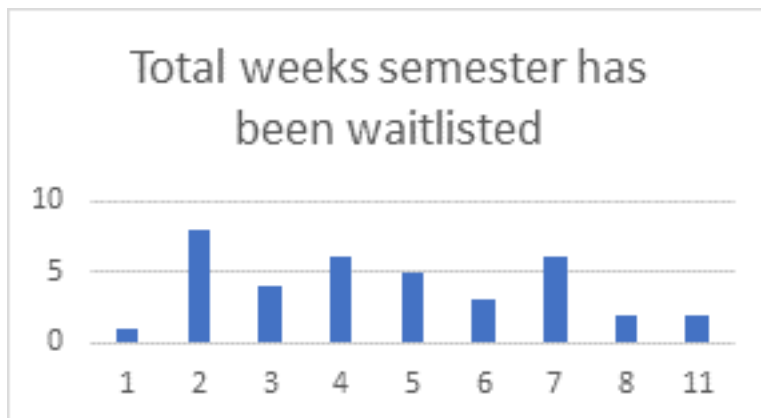
[Crisis on Campus: Mental Health Counselors Are Feeling the Crush - Mad In America](#)

Quick poll data from national list-serve of counseling directors (67 responses)

58% of responding centers are currently waitlisted

39% are pulling people off as quickly as they can but will have many/most students still waiting by end of semester

5% have closed their waitlist due to the current number of students waiting.



of students on waitlist

