



STUDENT RECREATION & WELLNESS CENTER

Rock Climbing Wall Policies and Procedures

Climbing is an assumed risk. Climbers must agree to follow all policies and procedures of the facility, including those outlined below and any communicated by the Rock Climbing Wall staff. Failure to follow all of the required policies and procedures may result in losing Rock Climbing Wall privileges.

GENERAL POLICIES

1. Each member who uses the rock-climbing wall must have a signed informed consent agreement & assumption of risk form on file with the SRWC at IMleagues.com/Washburn.
2. Climbing is only permitted during open wall hours and with staff supervision.
3. Only trained SRWC Rock Climbing Wall staff may belay.
4. All staff belayers will be certified prior to assistant participants with climbing.
5. All climbers must tie-in using a figure 8 knot.
6. To belay one must be in standing position and attentive to the climber on the wall.
7. The SRWC provides harnesses, carabiners, ropes, belay devices, shoes, chalk, and chalk bags. Non-SRWC harnesses and shoes are permissible but must be approved by SRWC staff prior to use.
8. Shoes are required. Climbing shoes are recommended and provided by the SRWC. Socks must be worn with SRWC shoes.
9. If climber declines to use SRWC supplied climbing shoes, they must have their shoes inspected by Rock Climbing Wall monitor.
10. When the wall is busy, climbers will be allowed 2 falls during a climb. After 2 falls, the climber must give up the rope.
11. Food and/or beverages are NOT allowed in the climbing area.
12. Dangling jewelry, watches, rings, bracelets, excessively loose clothing, gum, candy, and items in pockets must be removed when climbing or belaying.

CLIMBING AREA RULES

1. Upon arriving at the rock wall find the staff member there to help get you checked in.
2. You will get your own personal card that keeps track of when you climb the wall.
3. Routes are designated by hold colors. Staff can point out which routes are better for different skill levels. Climbers are also able to free climb a rope using any holds in the area.
4. Do not enter the climbing area unless you are climbing or belaying.
5. Do not walk between active belayer and wall.

TOP-ROPE CLIMBING

Tie in with a retraced figure 8 knot (also know as a figure 8 follow through). A carabiner is not to be used to connect the knot to the harness. Tie into two points (waist and leg loops) on the harness.

1. Climb straight up the route. Do not traverse left or right because of the potential for a hazardous swing.
2. The climber must check the belay setup, and the belayer must check the climber setup.
3. Communication is important while climbing. Know each other's names and speak clearly.

BOULDERING

1. Boulderers must use a spotter and mat(s) at all times.
2. Routes are marked by colored tape. They start at the V and go to the bucket U.
3. All parts of the climber's body must remain below the bouldering line when bouldering. This line is the second row of attached carabiners.